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March 2017

Healthy Love Intensive

3 MAR	10:00am	Pre Recorded Healthy Love Intensive Orientation
5 MAR	10:15am	Module #1 – The Single Zone (Pre Recorded)
6 MAR	1-2pm	Live Q&A Session
12 MAR	10:15am	Module #2 The Confident Feminine Zone (Pre Recorded)
13 MAR	1-2pm	Live Q&A Session
19 MAR	10:15am	Module #3 The Boss Zone (Pre Recorded)
20 MAR	1-2pm	Live Q&A Session
26 MAR	10:15am	Module #4 The Dating Zone (Pre Recorded)
27 MAR	1-2pm	Live Q&A Session
31 MAR	9am	Schedule Self-care activities for Next Month

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APRIL 1-30

30-Day Dating Detox Challenge Suggested Reading: Successful Women Date Differently

2
APR

10:15am

Module #5 The Guy Zone (Pre Recorded)

3

1-2pm

Live Q&A Session

3
APR

7-8pm

Live Love Mastery Kick-off Orientation

9
APR

10:15am

Module #6 – The Healthy Love Zone (Pre Recorded)

10
APR

1-2pm

Live Q&A Session (Last Healthy Love Intensive Session)

10
APR

7-8pm

Live Group Coaching Call and Q&A

17
APR

7-8pm

Live Group Coaching Call and Q&A

24
APR

7-8pm

Live Group Coaching Call and Q&A

28
APR

9am

Schedule Self-care activities for Next Month

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May 2017

Love Breakthrough

MAY 1-31

Couch to Half Marathon Challenge (approx. 20 weeks)

2

MAY

1-2 pm

Power-Hour Session

9

MAY

TBD

Live Group Coaching Call and Q&A

16

MAY

TBD

Live Group Coaching Call and Q&A

23

MAY

TBD

Live Group Coaching Call and Q&A

30

MAY

9am

Schedule Self-care activities for Next Month

June 2017

Love Breakthrough

June 1-30

Couch to Half Marathon Challenge (approx. 20 weeks)

Suggested Reading: Awaken the Giant Within | Tony Robbins

6

JUN

TBD

Live Group Coaching Call and Q&A

13

JUN

TBD

Live Group Coaching Call and Q&A

20

JUN

TBD

Live Group Coaching Call and Q&A

27

JUN

TBD

Power-Hour Session - Online/Offline Dating Workshop #1 (Introduction)

30

JUN

10am

Schedule Self-care activities for Next Month

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July 2017

Feminine Mastery

July 1-31

Couch to Half Marathon Challenge (approx. 20 weeks)
Suggested Reading: Happy Women Live Better | Valorie Burton

6
JUL

TBD

Power-Hour Session: Online/Offline Dating Workshop #2 (Introduction

11
JUL

TBD

Live Group Coaching Call and Q&A

18
JUL

7-8pm

Live Group Coaching Call and Q&A

25
JUL

7-8pm

Live Group Coaching Call and Q&A

31
JUL

1-2pm

Schedule Self-care activities for Next Month

August 2017

Feminine Mastery

August 1-31

Couch to Half Marathon Challenge (approx. 20 weeks)

1
AUG

TBD

Live Power-Hour Session

8
AUG

TBD

Live Group Coaching Call and Q&A

15
AUG

TBD

Live Group Coaching Call and Q&A

22
AUG

TBD

Live Group Coaching Call and Q&A

31

9am

Schedule Self-care activities for Next Month

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September 2017

Understand Men

Sept 1-30

**Couch to Half Marathon Challenge (approx. 20 weeks)
5 Love Languages | Gary Chapman**

12
SEP

TBD

Live Group Coaching Call and Q&A

14
SEP

TBD

Power Hour Session

19
SEP

TBD

Live Group Coaching Call and Q&A

26
SEP

TBD

Live Group Coaching Call and Q&A)

30
SEP

10am

Schedule Self-care activities for Next Month

October 2017

Communication

Oct 1-31

10 Day Green Smoothie Challenge

Oct 3-8

Love Rejuvenation Retreat, Virginia Beach, VA

10
OCT

TBD

Live Group Coaching Call and Q&A

17
OCT

TBD

Live Group Coaching Call and Q&A

24
OCT

TBD

Live Group Coaching Call and Q&A

31
OCT

TBD

Power Hour Session and Q&A

30

10am

Schedule Self-care activities for Next Month

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November 2017

Position Yourself to Manifest Love

November 1-30

7

NOV

TBD

Live Group Coaching Call and Q&A

9

NOV

TBD

Power Hour Session

14

NOV

TBD

Live Group Coaching Call and Q&A

21

MAY

TBD

Live Group Coaching Call and Q&A)

30

MAY

1-2pm

Schedule Self-care activities for Next Month

December 2017

Develop Deep Connection

DEC 1-31

10 Day Green Smoothie Challenge

5

DEC

TBD

Live Group Coaching and Q&A

12

DEC

TBD

Live Group Coaching Call and Q&A

14

DEC

1-2PM

Power Hour Session

19

DEC

TBD

Live Group Coaching Call and Q&A)

29

DEC

10am

Schedule Self-care activities for Next Month

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January 2017

Prepare for Wife Life

JAN 1-31

Couch to Half Marathon Challenge (approx. 20 weeks)

4

JAN

1-2 pm

Power Hour Session

9

JAN

TBD

Live Group Coaching Call and Q&A

16

JAN

TBD

Live Group Coaching Call and Q&A

23

JAN

TBD

Live Group Coaching Call and Q&A)

31

MAY

1-2pm

Schedule Self-care activities for Next Month

February 2017

Essential for Lasting Love

Feb 1-28

10 Day Green Smoothie Challenge

6

FEB

TBD

Live Group Coaching Call and Q&A

13

FEB

TBD

Power Hour Session

20

FEB

TBD

Live Group Coaching Call and Q&A

27

FEB

TBD

Live Group Coaching Call and Q&A)

28

FEB

TBD

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MARCH 1-31

21-Day Challenge Pleasure Challenge

Suggested Reading: [The Orgasm Prescription](#) | [Andrea Pennington](#)

6

MAR

TBD

Live Group Coaching Call and Q&A

13

MAR

TBD

Live Group Coaching Call and Q&A

20

MAR

TBD

Live Group Coaching Call and Q&A

27

MAR

TBD

Power Hour Session

30

MAY

1-2pm

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